

# Annual Research Conference

Sligo University Hospital

Friday November 30th 2018



Lecture Theatre  
R&E Centre  
Level 6  
SUH

**9am - 1.30pm**



**Research &  
Education  
Foundation**  
Sligo University Hospital

# Programme

Chaired by **Dr. Anna Cleminson**

**9.00am Opening Address and Research Seed Grant Awards**  
Mr. Pat Timpson, Chairman  
Research & Education Foundation

**9.15am**

**Short Local Research Presentations:**

*Factors that influence how nurses recognise and respond to the deteriorating surgical patient: a qualitative study* **Gillian Gordon, CNM1, Sligo University Hospital**

*The short-term impact of community-based exercise-on-referral (MedEx), on selected health and fitness indices in people with Neurological Conditions* **Azura Youell, Lecturer Health & Exercise Science, IT Sligo**

*The effects of regular multidisciplinary simulation-based teaching on paediatric emergency preparedness* **Dr Heather Cary, Sligo University Hospital**

*The potential of diet modification to augment chemotherapeutics* **Katie Marconi (Final year Human Nutrition, Philip Keighron (Final year Medical Biotechnology) IT Sligo**

*Living in the Moment: The Psychological Benefits of Mindfulness Based Cognitive Therapy for Older Adults* **Mary-Frances Mc Cafferty, Assistant Psychologist, CHO1**

*Respiratory Integrated Care- Pulmonary Rehabilitation in the community setting* **Mairéad Ward, Senior Physiotherapist, Respiratory Integrated Care, Sligo/Leitrim**

**10.45am Coffee break and Poster Viewing**

**11.15am Keynote Speaker**

**"Digital Diabetes"**  
**Prof. Derek O'Keeffe,**  
Consultant Endocrinologist at UHG &  
Professor of Medical Device Technology  
at NUI Galway

**12:00pm Launch of Strategic Plan**

**Research & Education Foundation  
5 Year Strategic Plan**  
Launched by  
**Judge Mary Devins**

**12.30pm Keynote Speaker**

**"The elusive search for targets in triple negative breast cancer"**  
**Prof. Ruth O'Regan**  
Division Chief of Hematology/Oncology  
& Palliative Care, Depart. of Medicine &  
Associate Director for Clinical Research  
at the Carbone Cancer Center,  
University of Wisconsin School of  
Medicine & Public Health

**13.15pm Closing Address & Poster Prize Presentation**

Grainne McCann, General Manager,  
Sligo University Hospital

**13.30pm Close of Conference**

Poster Exhibition of Research Projects undertaken in the North West  
Poster prizes sponsored by the Medical Board SUH and Research & Education Foundation  
3 CPD Points



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